Hot Almond Carob

A beverage with a rich mocha flavour. Ingredients:

- **4 cups** almond milk or almond beverage
- **1 tbsp** pure maple syrup
- **5 tsp** carob powder
- **5 tsp** roasted grain beverage powder

Equipment:

- Blender

Put all ingredients into a blender and blend until smooth. Pour into a saucepan and warm gently over low heat. Do not boil; the beverage will separate. Serve.

Recipe donated to FNB in 2002 by helennrick@ssm.ca, retrieved in 2022

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